



NWTKD Competition Block Entry Guide



Instructor's Declaration: There is currently no reason why I and/or my students cannot participate in this event and I confirm that we are currently the owners of up to date licences/insurance. I and/or my students agree to comply with the rules and regulations of the event and any officials' instructions. As a condition of acceptance of the event, I and/or my students agree not to hold the NWTKD, its officials, or any other competitors responsible for any injury that may be sustained whilst participate in this event. (This statement does not affect your statutory and legal rights)

NB: Photographic/video equipment will be in use on the day. Images captured may be used for training and promotional purposes.

Instructor's Name:

Signature:

School/Association:

Contact Tel: Number:

Email:

The following table is only used as a guide for the optimum categories and Divisions for each event. These may be adjusted on the day dependent on the attendance.

Categories and Divisions			Weight Divisions [subject to change]	
BOYS (B) GIRLS (G) (Under 18)	Pee Wee	P	Up to & Incl. 4ft122cm
	Light	L	Over 4ft - up to & incl. 4' 6"	123-137cm
	Middle	M	Over 4ft' 6" – up to & incl. 5ft	138-152cm
	Light Heavy	LH	Over 5ft - up to & incl. 5' 6"	153-168cm
	Heavy	H	Over 5' 6"	169cm+...
LADIES (L)	Light	L	Up & Incl. 56Kg	Max 8st 12lbs
	Middle	M	Over 56Kg - up to & incl. 60Kg	Max 9st 6lbs
	Heavy	H	Over 60 Kg	9st 6lbs+
MEN (M)	Light	L	up to & incl. 67Kg	Max 10st 8lbs
	Middle	M	Over 67Kg - up to & incl. 77Kg	Max 12st 2lbs
	Heavy	H	Over 77Kg	12st 2lbs +