

NWTKD COMPETITION GUIDELINES

Order of Events

9.30 Team Patterns Event – Eliminations

10.15 Individual Patterns Event

12.00 Team Patterns Event – Finals

Medals Award

12.30 Part Umpire Break

1.00 Sparring Event

Medals Award

Individual Patterns Event

2 Categories - Adults and Children

Divisions will be decided nearer to the event based on attendance. The initial divisions are as follows:

- Child low grade - yellow, green,
- Child medium grade blue, red
- Child high grade - black
- Adult low grade - yellow, green, blue
- Adult high grade- red, black

Team Patterns Event

2 Categories – Red/Black belts and Yellow/Green/Blue Belts

The following information is available to instructors in preparation for the event.

Category 1: Yellow/green/blue belts.

Category 2: red/black belts.

An element of artistic content, shouting, de-synchronisation, moving in different direction can be applied to the pattern.

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The pattern must be a recognisable ITF style taekwondo pattern.

Any pattern can be chosen regardless of the grade of the team members. However the patterns/s must be technically correct even with added artistic elements. The number of team members can be 3, 4 or 5 students.

It is recommended that a reserve pattern is also learned which may need to be performed in case of a tie-break or umpire request for second pattern.

Sparring Event

Point Stop for yellow and green belts

Continuous for blue and above

The sparring event will be controlled technical execution using proper technique. The following information is currently available and will be updated nearer to the time of the competition.

Categories determined by entry numbers but is hoped will be men, ladies, boys and girls as a minimum. The initial divisions are as follows and later subdivided by height, weight and gender to form approximately 24 divisions.

- Child low grade - Yellow, green
- Child medium grade blue, red
- Child high grade- black
- Adult low grade - Yellow, green
- Adult medium grade - blue, red
- Adult high grade- black
- Men veteran division [over 40] subject to demand

To aid determination of divisions instructors must entry the correct height [for children] and weight [for adults] prior to the commencement of the event.

Contact must be controlled by competitors and enforced by officials. As such, excessive contact will not be tolerated.

No 'Kangaroo' punching!

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No time wasting strategies such as standing on one leg!